



動感亞洲
Action SPRINT 越野跑步比賽
Trail Series 2025



Action Sprint Trail Series - Sai Kung April 12, 2025

18km (Solo Men) - Overall Top 5

Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Male 30-39	251	Oleksii	Melnyk	Ukraine	T8 Run	01:42:12
2	Male 16-29	163	Lau 劉	Tsz Ho Disky 梓豪	HKSAR	--	01:42:29
3	Male 30-39	141	Connolly	Creighton	Canada	--	01:50:25
4	Male 40-49	232	Leung 梁	Son Keng 順敬	HKSAR	--	01:51:32
5	Male 30-39	209	Crisp	Daniel	British	--	01:51:38

18km (Solo Men) Age Categories Top 3

Men Age 16-29

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
2	Male 16-29	163	Lau	Tsz Ho Disky	HKSAR	--	01:42:29
13	Male 16-29	227	De Vathaire	Emmanuel	FRANCE	--	02:00:26
15	Male 16-29	253	Laugier	Quentin	France	--	02:03:17

Men Age 30-39

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Male 30-39	251	Oleksii	Melnyk	Ukraine	T8 Run	01:42:12
3	Male 30-39	141	Connolly	Creighton	Canada	--	01:50:25
5	Male 30-39	209	Crisp	Daniel	British	--	01:51:38

Men Age 40-49

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
4	Male 40-49	232	Leung	Son Keng	HKSAR	--	01:51:32
6	Male 40-49	230	Ng	Ki Wai	HKSAR	--	01:53:40
9	Male 40-49	255	Bhattarai	Bhesh Raj	Nepal	HKNUTRA	01:57:14

Men Age 50-59

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
26	Male 50-59	242	Tsang	Chi Fai	HKSAR	--	02:15:36
36	Male 50-59	155	Davis	Peter	United Kingdom	--	02:24:34
46	Male 50-59	239	Wan	Chi Wah	CHN	--	02:31:43

Men Age 60+

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
28	Male 60+	118	Wong	Tze Wan	HKSAR	--	02:17:17
49	Male 60+	157	鄭	徐偉	HKSAR	--	02:36:32
61	Male 60+	127	Choi	Chi Wah	HKSAR	--	02:50:29



Action Sprint Trail Series - Sai Kung April 12, 2025

18km (Solo Women) - Overall Top 5

Top 5 Women							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
10	Female 30-39	208	Dong 董	Chaoling 朝玲	CHN	--	01:57:43
12	Female 30-39	174	Wong 黃	Mei Yan 美欣	HKSAR	--	01:59:16
18	Female 40-49	108	Bainbridge	Hannah	United Kingdom	--	02:09:49
19	Female 30-39	117	Harlin	Petronella	Sweden	--	02:09:54
40	Female 30-39	151	Pao 包	Mandy 鎔銘	HKSAR	--	02:26:04

18km (Solo Women) Age Categories Top 3

Women Age 16-29							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
48	Female 16-29	125	Magno	Aubrey Rose	Philippines	--	02:33:33
51	Female 16-29	205	Oczachowski	Aurelie	French	--	02:38:10
62	Female 16-29	250	Cibiel	Emma	France	--	02:47:28

Women Age 30-39							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
10	Female 30-39	208	Dong	Chaoling	CHN	--	01:57:43
12	Female 30-39	174	Wong	Mei Yan	HKSAR	--	01:59:16
19	Female 30-39	117	Harlin	Petronella	Sweden	--	02:09:54

Women Age 40-49							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
18	Female 40-49	108	Bainbridge	Hannah	United Kingdom	--	02:09:49
42	Female 40-49	231	Soulier	Stephanie	Australia	--	02:27:12
69	Female 40-49	244	Ng	Chui Yin	HKSAR	--	02:52:00

Women Age 50-59							
Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
53	Female 50-59	256	Calingasan	Jovelyn	Philippines	--	02:38:45
64	Female 50-59	246	Kelley	Julfa	Philippines	--	02:49:53
65	Female 50-59	168	Harkin	Kate	Australia	--	03:41:55



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12km (Solo Men) - Overall Top 5

Top 5 Men

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Male 40-49	897	Davis	Chris	United Kingdom	--	01:12:28
2	Male 16-29	843	Hoi Hung 凱雄	Ho 何	HKSAR	--	01:15:17
3	Male 16-29	908	Megan	Kelly	HKSAR	--	01:15:45
4	Male 16-29	816	Ramsbacher	Philipp	Germany	--	01:16:32
5	Male 50-59	884	Souleyman	Jan	United Kingdom	--	01:18:45

12km (Solo Men) Age Categories Top 3

Men Age 16-29

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
2	Male 16-29	843	Hoi Hung	Ho	HKSAR	--	01:15:17
3	Male 16-29	908	Megan	Kelly	HKSAR	--	01:15:45
4	Male 16-29	816	Ramsbacher	Philipp	Germany	--	01:16:32

Men Age 30-39

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
6	Male 30-39	859	Prats	Oriol	Spain	--	01:29:21
8	Male 30-39	813	Marlien	Brian	France	--	01:35:26
11	Male 30-39	879	Pearce	David	British	--	01:39:23

Men Age 40-49

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Male 40-49	897	Davis	Chris	United Kingdom	--	01:12:28
7	Male 40-49	844	Tong	Ka Ming	HKSAR	--	01:30:11
9	Male 40-49	895	Lee	Chun Wing	HKSAR	--	01:36:01

Men Age 50-59

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
5	Male 50-59	884	Souleyman	Jan	United Kingdom	--	01:18:45
16	Male 50-59	903	Mohan	Thapa	NEPAL	--	01:41:14
44	Male 50-59	875	Rana	Dom	Nepal	HKNUTRA	02:02:34

Men Age 60+

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
24	Male 60+	910	Allard	Charles	United States	--	01:49:54
74	Male 60+	876	Rai	Raj Kumar	NEPAL	HKNUTRA	02:25:05
80	Male 60+	912	Oldham	Gordon	United Kingdom	--	02:35:48



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12km (Solo Women) - Overall Top 5

Top 5 Women

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
1	Female 16-29	847	Lei 李	Tsz Ching 芷晴	HKSAR	--	01:36:21
2	Female 30-39	864	Kuo 郭	Tsai Fei 采扉	Taiwan	--	01:40:23
3	Female 50-59	835	Shek 石	Fiona 海慧	HKSAR	--	01:40:56
4	Female 40-49	804	Cabania	Ma Aurora	Philippines	--	01:43:34
5	Female 40-49	898	Cvetkovic	Maggie	United Kingdom	--	01:46:39

12km (Solo Women) Age Categories Top 3

Women Age 16-29

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
10	Female 16-29	847	Lei	Tsz Ching	HKSAR	--	01:36:21
30	Female 16-29	848	Schriek	Maxime	Netherlands	--	01:54:11
32	Female 16-29	851	Murray-Tacon	Alexandra	United Kingdom	--	01:55:01

Women Age 30-39

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
12	Female 30-39	864	Kuo	Tsai Fei	Chinese Taipei (Taiwan)	--	01:40:23
38	Female 30-39	833	Varty	Jessica	United Kingdom	--	01:59:48
39	Female 30-39	827	Mak	Jun Ki Ginger	HKSAR	--	02:00:15

Women Age 40-49

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
20	Female 40-49	804	Cabania	Ma Aurora	Philippines	--	01:43:34
22	Female 40-49	898	Cvetkovic	Maggie	United Kingdom	--	01:46:39
23	Female 40-49	836	Wing Lam	Li	HKSAR	--	01:46:55

Women Age 50-59

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
14	Female 50-59	835	Shek	Fiona	HKSAR	--	01:40:56
26	Female 50-59	839	Van De Pol	Ally	United Kingdom	--	01:52:55
40	Female 50-59	917	Wong	Stephanie	HKSAR	--	02:00:18

Women Age 60+

Rankings							Timing
Overall	Category	BIB	Last Name	First Name	Nationality	Team / Sponsor	Race Time
87	Female 60+	803	Bradley	Ann	United Kingdom	--	02:47:56
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